

# *One Minute Sculpture*

(ongoing, starting in 1988) by Erwin Wurm -

Make 20 One Minute Sculptures (using bodies  
and objects or just objects)

# One Minute Sculptures

*Societal Obsessions*

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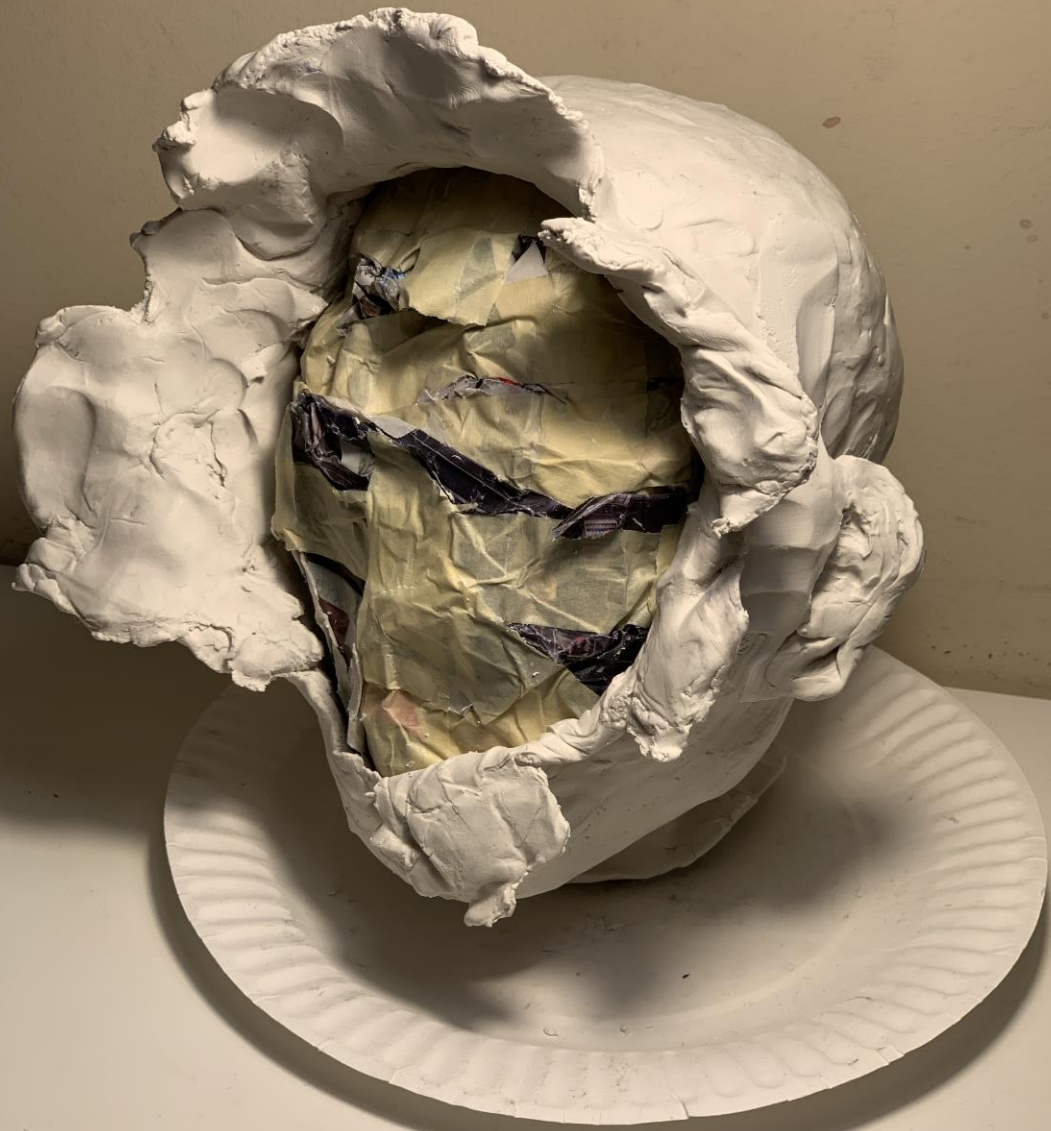
Spring 2021

# Session 1









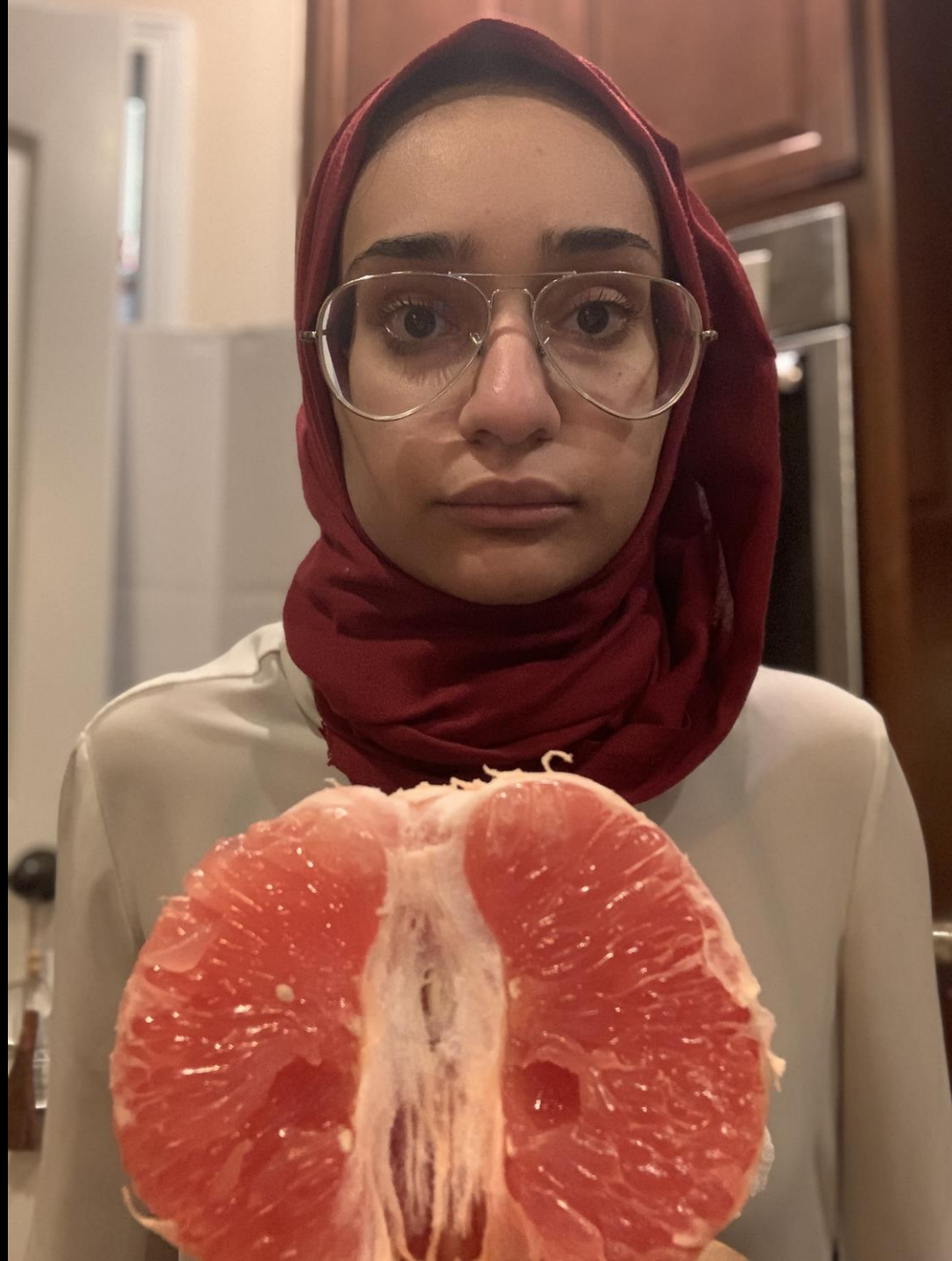






# Session 2

















# Session 3

















# The End

I started this project feeling extremely fascinated by the idea, but extremely confused on where to start and how to approach the theme of the one-minute sculptures. In the first session, I wasn't sure what it is I wanted to capture. I only wanted to capture the different weird things around the house and join them together to create an even weirder image with a meaning that I could later connect with social media and its impacts. Afterwards in the second session, I decided to plug myself into the pictures I wanted to create and still maintain the impact of social media on mental health. It was fun as I was not someone who usually is in front of the camera but the person behind it, however, I was happy with how the pictures came out. In the last session I wanted to really get close and personal with the trends I saw on social media regarding greed, health, body image, fitness, etc. I decided to combine these concepts into myself and show how I felt regarding these issues and how they seemed extremely obsessive and messy. Social media became an obsession for people of all ages and it had left an impact on many regarding self image, the amount of money one possesses to relate to the idea of perfection. While many influencers preach about how no one really is perfect, many rarely show the imperfect things in their life and make others feel conflicted and unhappy with what they have. Social media created walking zombies that put a lot of effort into creating a perfect image and life and I wanted to portray the crazy/weird obsessions that I have seen people on the internet decide to film to show the world, hoping others copy them too.